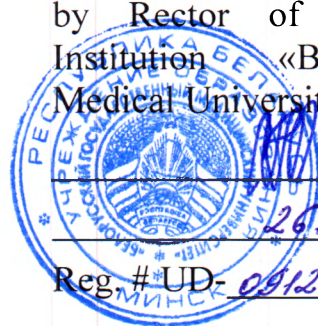


MINISTRY OF HEALTH OF THE REPUBLIC OF BELARUS
Educational Institution
BELARUSIAN STATE MEDICAL UNIVERSITY

Контрольный
экземпляр

APPROVED

by Rector of the Educational
Institution «Belarusian State
Medical University»



S.P.Rubnikovich

26.06.2024

Reg. # UD-0912-01-04/24.26 edu.

PSYCHOLOGY OF INTERPERSONAL RELATIONSHIPS

**Curriculum of the educational institution
in the academic discipline for the specialty**

7-07-0912-01 «Pharmacy»

Curriculum is based on the educational program «Psychology of Interpersonal Relationships», approved 15.11.2023 registration # УД-0912-01-04/2324/уч.; on the educational plan in the specialty 7-07-0912-01 «Pharmacy», approved 15.05.2024, registration # 7-07-0912-01/2425/mf.

COMPILERS:

A.I.Klimovich, Associate Professor of the Department of Pedagogy and Psychology with a course of clinical modelling of the educational institution «Belarusian State Medical University», PhD;

T.A.Sovostyuk, Senior Teacher of the Department of Pedagogy and Psychology with a course of clinical modelling of the educational institution «Belarusian State Medical University»

RECOMMENDED FOR APPROVAL:

by the Department of Pedagogy and Psychology with a course of clinical modelling of the Educational Institution «Belarusian State Medical University»
(protocol # 12 of 10.06.2024);

by the Scientific Methodical Council of the Educational Institution «Belarusian State Medical University»
(protocol #18 of 26.06.2024)

EXPLANATORY NOTE

«Psychology of Interpersonal Relationships» – the academic discipline of the module «Introduction to the specialty», which contains systematized scientific knowledge about organization, structure and basic patterns in development of interpersonal relationships.

The aim of the discipline «Psychology of Interpersonal Relationships» is the formation of universal competencies to solve problems of effective interpersonal and professional interaction, as well as to develop communication skills, perceptual abilities, personal qualities and communicative competencies.

The objectives of the discipline «Psychology of Interpersonal Relationships» are to develop students' scientific knowledge about the essence and patterns of interpersonal relations, interpersonal interaction, interpersonal communication; studying the main areas of interpersonal relationships, the characteristics of relationships between individuals in small and large social groups and communities; mastering the necessary skills and abilities to analyse various situations of interpersonal relationships; development of communication skills, effective behavior and psychological influence necessary in the field of interpersonal relationships and professional activities; development of social interaction skills based on accepted norms in society, maintaining partnerships, working in a team; increasing personal resources (communication skills, positive self-esteem, positive thinking), which provide the basis for successful professional activity.

The knowledge, skills, and abilities acquired during the study of the academic discipline «Psychology of Interpersonal Relationships» are necessary for successful mastering of the academic disciplines «Psychology of Professional Communication. Conflictology».

Studying the educational discipline «Psychology of Interpersonal Relationships» should ensure the formation of students' universal competencies:

provide communications, demonstrate leadership skills, be capable of team organization and development of strategic goals and objectives, be tolerant to social, ethnic, religious, cultural and other differences;

be capable of self-development and improvement in professional activity, develop innovative competence and ability to innovative activity;

take the initiative and adapt to changes in professional activity, be able to predict the conditions for the implementation of professional activity and solve professional tasks in conditions of uncertainty;

have the ability to develop and implement methods and technologies of self-organization and self-education, design the trajectories of personal professional growth and development, consciously carry out pedagogical work with children in a family environment in different types of activities;

use psychological patterns and technologies in various forms of interpersonal interaction in the implementation of professional activities.

As a result of studying the discipline «Psychology of Interpersonal Relationships» the student should

know:

structure, main types, forms and levels of interpersonal relationships, strategies and tactics for forming and managing interpersonal and intergroup relations;

the specifics of interpersonal relationships in various spheres of life; principles and methods of managing interpersonal relationships in educational activities;

foundations of personal communicative culture;

be able to:

analyse structural parameters and types of interpersonal relationships; choose the strategy and tactics of interpersonal relationships that are most adequate to the specific situation of social interaction;

assess conflict situations in interpersonal relationships and professional activities;

apply modern techniques and communicative strategies in practice and scientific research;

use psychological techniques to influence and correct violations in the interpersonal interaction;

apply positive interaction skills in professional activities,

plan and perform effective communication;

master:

skills of analysis and forecasting of specific situations of interpersonal relationships;

skills in using technologies for constructive interpersonal interaction in the system of public relations;

technologies of advisory practice to ensure constructive social, professional, multicultural, multi-ethnic, multi-confessional interaction.

Total number of hours for the study of the discipline is 90 academic hours. Classroom hours according to the types of studies: lectures – 21 hours (including 6 hours of supervised student independent work (SSIW)), practical classes – 18 hours, student independent work (self-study) – 51 hours.

Intermediate assessment is carried out according to the syllabus of the specialty in the form of a credit (2 semester).

Form of higher education – full-time.

**ALLOCATION OF ACADEMIC TIME
ACCORDING TO SEMESTERS OF STUDY**

Code, name of the specialty	semester	Number of academic hours						Form of intermediate assessment
		total	in-class	including			out-of-class self-studies	
				lectures	supervised student independent work	seminars		
7-07-0912-01 «Pharmacy»	2	90	39	15	6	18	51	credit

THEMATIC PLAN

Section (topic) name	Number of class hours	
	lectures (incl. SSIW)	practical
1. Introduction to fundamentals of interpersonal relationship psychology	6	6
1.1. Interpersonal relationships as a psychological phenomenon	3	2
1.2. Different kinds of interpersonal relationships	1,5	2
1.3. Interpersonal relationships in the framework of social and cultural dimensions	1,5	2
2. Communication as a fundamental element of interpersonal relationships. Personality development	7,5	6
2.1. Communication as the element of interpersonal relationships	1,5	2
2.2. Interaction as the element of communication	1,5	2
2.3. Perception as the element of communication	1,5	-
2.4. Personality development in interpersonal relationships	3	2
3. Interpersonal communication in the context of business culture	7,5	6
3.1. Psychology of business and professional relationships	1,5	2
3.2. Ethics and etiquette in business and professional communication	1,5	2
3.3. Labor collective as a social group	1,5	2
3.4. Conflicts, conflict situations and their resolution, personal growth in conflict	3	-
Total hours	21	18

CONTENT OF THE EDUCATIONAL MATERIAL

1. Introduction to fundamentals of interpersonal relationship psychology

1.1. Interpersonal relationships as a psychological phenomenon

The concept of interpersonal relationships, its structure and dynamics. Sensory-emotional aspect of interpersonal relationships. Conjunctive, disjunctive, neutral feelings.

1.2. Different kinds of interpersonal relationships

The problem of classifying interpersonal relationships: by primacy, by the specificity of the connection, by the depth of the relationship.

Fellowship. Sympathy and antipathy as the basis of fellowship. Friendship. Affection as the foundation of friendship and its kinds. Love. The difficulty of defining the concept of love. Types of love towards the object. Family relationships. Communication needs and goals realized in marriage. Crises in family relationships. Attachment types. Children's attachment to parents.

1.3. Interpersonal relationships in the framework of social and cultural dimensions

Interpersonal relationships as a social phenomenon. Social and interpersonal relationships. Interpersonal relationships as an object of study in the humanities. Fear of social loneliness. Human need to be social being. Need for communication. Need for recognition. Need for belonging. Dependence of a person on a team. Socio-psychological mechanism for controlling human behavior.

The concept of personality and its culture. Dynamics of culture and interpersonal relationships. Business culture: labor (productivity and discipline), competitive, partner, negotiation, contract culture, gift culture, organizational, corporate. Typology and features of business, management and organizational culture. Belarusian culture and spiritual experience as the basis for the formation of interpersonal relations.

2. Communication as a fundamental element of interpersonal relationships. Personality development

2.1. Communication as the element of interpersonal relationships

The concept of communication and the main approaches to its definition. Types of communication. Interpersonal communication styles. Structure of the communication process and its focus. Communication barriers. Verbal and non-verbal communication. Semiotics of communication (sign approach).

2.2 Interaction as the element of communication

The concept and specifics of personal interaction. Structure of the interactive side of communication. Correlation of the concept of compatibility and efficiency. Impact and impact in the context of interaction. Types of interactions: cooperation, competition. Engagement strategies. Types, styles, types and levels of personality interaction.

2.3 Perception as the element of communication

Social perception concept. The main ways to interpret a person's appearance and personality characteristics. Mechanisms of social perception. Interpersonal attraction. Attribution, its styles and views. Interpersonal perception effects. Concept and

classification of social attitudes. Stereotypes and perceptual effects. First impression forming factors. The concept of self-presentation and its types.

2.4 Personality development in interpersonal relationships

The problem of personality development in modern psychology. Personality development opportunities in social interaction. Conditions for the effective influence of interpersonal interaction on personal development in a small group. Concept and forms of organization of joint activities. Role structure in the system of joint activities. Empathy as a mechanism for the development of interpersonal relationships.

3. Interpersonal communication in the context of business culture

3.1. Psychology of business and professional relationships

Essence and types of business communication. Goals and types of business and professional communication. Structure of business and professional communication. Forms and types of business communication. Verbal and non-verbal business communication. Role of listening in business and professional communication. Zones and distances in business and professional communication. The personality of the pharmacist as a factor in successful interaction with the client. Psychology of the client (pharmacy visitor). Organizational communication links in pharmacy. Professional communications in pharmacy: importance for the current stage and development prospects.

3.2. Ethics and etiquette in business and professional communication

Structure and basic principles in business and professional relations ethics. The concept of organizational and professional ethics. Ethics of organizations. Management ethics. Ethics of pharmaceutical interaction. Ethics of communicative client relations. Ethical-deontological aspects of relations in the «pharmacist-medicine» dyad. Etiquette requirements for business relations. Image and its functions. Greeting and performance etiquette. Rules of conduct in state and non-state administrative institutions.

3.3. Labor collective as a social group

Concept and essence, hallmarks of a social group in psychology. Position of the individual in the group and group roles. Interpersonal relationships within the group. Classification of groups. Small social group as a psychological phenomenon.

Specifics of the labor collective as a social group. Importance of interpersonal relationships in the workforce. Structure of relations in the labor collective. Types of interpersonal relationships in the workforce. Psychological typology of labor collective members. Stages and levels of team development. Relationships in the pharmaceutical team.

Theories of leadership. Power and authority of the leader. Leadership and stewardship in the workforce.

3.4. Conflicts, conflict situations and their resolution, personal growth in conflict

Phenomenology of conflict: concept, structure, dynamics. Typology and characteristics of conflict. Conflict, conflict situation, conflict relations. Causes of conflicts. Functions of conflicts. Phases of development and dynamics of conflict.

Strategies of relationships in conflict. Factors of choosing an appropriate strategy. Methods of conflict management. Conflict prevention. Aggressive behavior in

conflict. Conflict personalities. Tense, difficult and conflict mental interaction in communication. Results of interaction with «difficult people».

Strategies for interaction in conflicts involving pharmacists. Negative consequences of conflicts. Positive functions of conflicts. Prevention of conflicts in the activities of pharmacists. Pharmacist communicative competence training.

EDUCATIONAL DISCIPLINE CURRICULAR CHART

Section, topic #	Section (topic) name	Number of hours		Supervised student independent work	Practical skills	Form of control	
		lectures	practical			of practical skills	of current / intermediate assessment
	Lectures	21	-	6			
1.1.	Interpersonal relationships as a psychological phenomenon	1,5	-	-			
	Interpersonal relationships: structure & dynamics	1,5	-	-			
1.2.	Different kinds of interpersonal relationships	1,5	-	1,5			Control questioning
1.3.	Interpersonal relationships in the framework of social and cultural dimensions	1,5	-	-			
2.1.	Communication as the element of interpersonal relationships	1,5	-	1,5			Control questioning
2.2.	Interaction as the element of communication	1,5	-	-			
2.3.	Perception as the element of communication	1,5	-	-			
2.4.	Personality development in interpersonal relationships	1,5	-	-			
	Joint activities & personality development	1,5	-	-			
3.1.	Psychology of business and professional relationships	1,5	-	-			
3.2.	Ethics and etiquette in business and	1,5	-	-			

	professional communication						
3.3.	Labor collective as a social group	1,5	-	1,5			Tests
3.4.	Phenomenology of conflict	1,5	-	1,5			Tests
	Strategies of relationships in conflict	1,5	-	-			
	Practical lessons	-	18	-			
1.1.	Interpersonal relationships as a psychological phenomenon	-	2	-	Analysis of psychological and pedagogical phenomena and processes	Role game	Oral questioning, e-tests
1.2.	Different kinds of interpersonal relationships	-	2	-	Analysis of psychological and pedagogical phenomena and processes	solving situational tasks	Round table, e-tests.
1.3.	Interpersonal relationships in the framework of social and cultural dimensions	-	2	-	Using the technique of not-esteemed communication	Role game *	Essay, e-tests
2.1.	Communication as the element of interpersonal relationships	-	2	-	Using the technique of understanding communication	solving situational tasks	Round-table, e-tests
2.2.	Interaction as the element of communication	-	2	-	Reflective skills, self-esteem	Role game	Oral questioning, e-tests
	Perception as the element of communication				Reflective skills, self-esteem	Role game	Oral questioning, e-tests
2.4.	Personality development in interpersonal relationships	-	2	-	Reflective skills, self-esteem	Essay	Oral questioning, e-tests
3.1.	Psychology of business and professional relationships	-	2	-	Cooperation, ability to work in team	solving situational tasks *	Oral questioning, e-tests
3.2.	Ethics and etiquette in business and professional communication	-	2	-	Using the basic principles and	Role game	Round table, e-tests

					methods of organizing communication in the field of pharmaceutical activities based on deontology and pharmaceutical ethics		
3.3.	Labor collective as a social group	-	2	-	Cooperation, ability to work in team	Business game	Final test
	Total hours	21	18	6			

*This is a mandatory form of current certification

INFORMATION AND INSTRUCTIONAL UNIT

LITERATURE

Basic (relevant):

1. Northouse P.G. Introduction to Leadership / P.G. Nothouse. – USA : SAGE Publications, Inc. 2018. – 521 p.

Additional:

2. Jason S. Wrench [and oth.] Interpersonal Communication: A Mindful Approach to Relationships / Jason S. Wrench. – New York. State University of New York. – 2023. – 571 p.

METHODOLOGICAL RECOMMENDATIONS FOR THE ORGANIZATION AND PERFORMANCE OF STUDENT INDEPENDENT WORK IN THE ACADEMIC DISCIPLINE

The time allocated for independent work can be used by students to:

- preparation for lectures, practical lessons;
- preparation for credit in an academic discipline;
- study of topics (issues) submitted for independent study;
- preparation of thematic reports, abstracts, presentations;
- performing practical tasks.

METHODOLOGICAL RECOMMENDATIONS FOR THE ORGANIZATION AND PERFORMANCE OF SUPERVISED STUDENT INDEPENDENT WORK IN THE ACADEMIC DISCIPLINE

Main forms of independent student work:

- preparation and presentation of abstracts;
- presentation of reports;
- studying topics and problems that have not been discussed at the lectures;
- taking notes of original sources (sections of anthologies, collections of documents, monographs, textbooks);
- computer testing;
- preparation of tests for the organization of mutual assessment;
- preparation of didactic materials;
- participation in active forms of education.

LIST OF AVAILABLE DIAGNOSTIC TOOLS

The following forms are used for competences assessment:

- assessment based on a business game;
- assessment based on the project method;
- solving situational problems;
- role-play based assessment;
- assessment based on participation in the round table;
- tests;
- oral questioning;
- electronic tests.

LIST OF AVAILABLE TEACHING METHODS

Traditional method (lectures, seminars);

Active (interactive) methods:

Problem-Based Learning (PBL);

Team-Based Learning (TBL);

Research-Based Learning (RBL).

LIST OF PRACTICAL SKILLS

List of practical skills	Practical skills control form
1. Analysis of psychological and pedagogical phenomena and processes	solving situational tasks, role game
2. Using the technique of understanding communication	role game
3. Using the technique of not-esteemed communication	solving situational tasks
4. Reflective skills, self-esteem	role game
5. Using the basic principles and methods of organizing communication in the field of pharmaceutical activities based on deontology and pharmaceutical ethics	role game
6. Cooperation, ability to work in team	business game, solving situational tasks

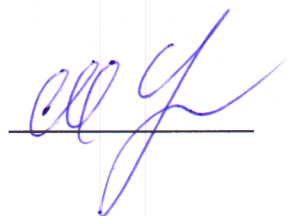
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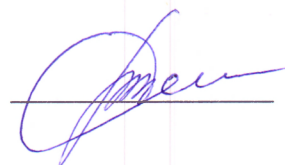
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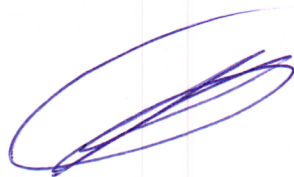
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A.A.Fomenko

Curriculum content, composition and accompanying documents comply with established requirements.

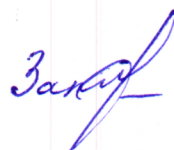
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O.S.Ishutin

24.06.2024

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S.V.Zaturanova